

# Mattressman

## How to care for your bed & mattress



**DO.** . . Allow time for your body to adjust to your new mattress as it may feel a little strange at first. Chances are the springs and upholstery in your old bed were not what they used to be, resulting in a different feel to your mattress. Please be aware Memory Foam products may have a slight odour which should disappear within 2-4 weeks.



**DO.** . . Turn your mattress regularly once a week for the first two or three months and then monthly thereafter. The only time this does not apply is if you have purchased a 'No Need To Turn' mattress, which has a single sleeping surface. Regular turning of your mattress will prolong its lifespan. For 'No Need To Turn' mattresses please rotate head to toe only.



**DO.** . . Allow for tolerance levels, all mattresses are made to a specific standard range of sizes but have a legal tolerance of 2cm on each side. Please note that some mattresses will need to settle for up to three months to naturally take their shape.



**DO.** . . Consider the surface your bed frame will be stood on. If your bed frame is to be stood on an uncarpeted surface please ensure that you use rubber backed mat under the legs to avoid slipping. Unless otherwise stated, all frames are self assembly.



**DO.** . . Use a mattress protector to prolong the life of your mattress and to protect from staining as this could invalidate your guarantee.



**DO.** . . Check your tolerances. Each Manufacturer has different advice and recommendations for bed slat gaps. The space between slats on most, cheaper, rigid bases is usually wider than on flexible slatted models but, as a general rule, it is advisable to ensure the maximum gap is no greater than 6cm (2.36 inches). Wear and tear on a mattress will be greater the wider the gaps. Most manufacturers make their own recommendations for slat spacing to suit their own mattresses so check these before buying as they do vary, and could invalidate your guarantee.



**DON'T.** . . Overload or over-fill drawers located in bed frames as they will have been designed to take only light weight items. Over filling can cause distortion or damage the drawers and may also result in the drawers jamming. Maximum weight for mini drawers is 7kg and for standard drawers is 15kg.



**DON'T.** . . Walk or jump on your bed or let your children use the bed as a trampoline. Your new bed is designed for sleeping on only, any misuse could result in damage to the interior construction and will invalidate your guarantee.



**DON'T.** . . Sit on the edge of your mattress as it is designed to spread your weight over a wide area and could be damaged if weight is concentrated in one small area.



**DON'T.** . . Bend or roll up your mattress as this will damage the spring unit and will invalidate your guarantee.