

# Mattressman.co.uk

## How to care for your bed & mattress



**DO... Allow time for your body to adjust to your new mattress** as it may feel a little strange at first. Chances are the springs and upholstery in your old bed were not what they used to be resulting in a different feel to your mattress.

---



**DO... Turn your mattress regularly** once a week for the first two or three months and then monthly thereafter. The only time this does not apply is if you have purchased a 'No Need To Turn' mattress, which has a single sleeping surface. Regular turning of your mattress will prolong its lifespan. For single sided mattresses please rotate head to toe only.

---



**DO... Allow for tolerance levels,** all mattresses are made to a specific standard range of sizes but have a legal tolerance of 2cm on each side. Please note that some mattresses will need to settle for up to three months to naturally take their shape.

---



**DO... Consider the surface your bed frame will be stood on** if your bed frame is to be stood on an uncarpeted surface please ensure that you use rubber backed mat under the legs to avoid slipping.

---



**DO... Use a mattress protector** to prolong the life of your mattress and to protect from staining as this could invalidate your guarantee.

---



**DON'T... Overload or over-fill drawers** located in bed frames as they will have been designed to take only light weight items. Over filling can cause distortion or damage the drawers and may also result in the drawers jamming. Max weight for mini drawers is 7kg and for standard drawers is 15kg.

---



**DON'T... Walk or jump on your bed** or let your children use the bed as a trampoline. Your new bed is designed for sleeping on only, any misuse could result in damage to the interior construction and will invalidate your guarantee.

---



**DON'T... Sit on the edge of your mattress** as it is designed to spread your weight over a wide area and could be damaged if weight is concentrated in one small area.

---



**DON'T... Bend or roll up your mattress** as this will damage the spring unit and will invalidate your guarantee.